

# **Binder Contents**

## **Information & Reference Documents**

- Manager/Coach Code of Conduct (4 Copies)
- WGFSA Local Rules Summary
- WGFSA Local Rules (half size)
- Incident Report

## **Parent Documents**

- Player Code of Conduct
- Parent Code of Conduct
- Season General Info Sheet
- Player Clinic Form

## **Miscellaneous**

- Score Book
- Line Up Cards

## **Information & Reference Documents**

Most of the documents in this section are available by download at [www.wgfsa.org](http://www.wgfsa.org). Those that are not, may be obtained by emailing [secretary@wgfsa.org](mailto:secretary@wgfsa.org).

### **Manager/Coach Code of Conduct**

This form must be completed and signed by the team manager and all coaches (all adults that have cleared background and will be on the field/in the dugout). These forms shall be submitted to your Player Agent.

### **WGFSA Rules Summary**

This is a quick reference for primary season play rules, organized by age group.

### **Local Rules**

A half-sized copy of the complete WGFSA local rules.

### **Incident Report**

The Incident Report must be completed and submitted within 72 hours of any injury that requires treatment.

# WOODLAND GIRLS FASTPITCH SOFTBALL

## Manager/Coach Code of Conduct

The Woodland Girls Fastpitch Softball Association has implemented the following Manager and Coaches Code of Conduct to outline the proper role of Manager/Coach in supporting all participants. Each Manager and Coach must read, understand and sign this form prior to their participating in our league.

We believe that conformance to the Code of Conduct is paramount to ensuring an enjoyable, respectful, and safe environment in which to develop our players physically, socially and emotionally. As such, any individual violating the WGFSA Code of Conduct shall be reported and subject to disciplinary action as set forth in the Violations section of the code.

**Trustworthiness, Respect, Responsibility, Fairness, Caring and Good Citizenship. The highest potential of sports is achieved when competition reflects these “six pillars of character”**

### I therefore agree:

1. I understand that I am responsible for any of my guest(s) attending a WGFSA function
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will learn the rules of the game and the policies of the league.
4. I will be a positive role model for all participants and encourage sportsmanship by showing respect and courtesy, by demonstrating positive support for all players, officials and spectators at every game or practice.
5. I will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
6. I will not encourage any behaviors or practices that would endanger the health or well-being of the athletes.
7. I will teach participants to play by the rules and to resolve conflicts without resorting to hostility or violence.
8. I will demand that all participants treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
9. I will teach all participants that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or her performance.
10. I will praise all participants for competing fairly and trying hard, and make my child feel like a winner every time.
11. I will never ridicule or yell at any participants for making a mistake or losing a competition.
12. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for all participants to win.
13. I will respect the officials and their authority during games and will never question, discuss, or confront other coaches at the game field, and will take time to speak with other coaches at an agreed upon time and place.
14. I will want a sports environment for all participants that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sporting events.
15. I will not post any inappropriate or derogatory remarks or photos in regard to WGFSA, my team or any other participants on ANY social media.

**I further agree that if I fail to abide by this Code of Conduct, I will be reported and subject to any or all of the disciplinary actions as outlined below:**

**Reporting Conduct Violations:**

Violations by Parents, Players or Spectators shall be reported as soon as possible to the Team Manager or Head Coach. It is the responsibility of the Manager/Coach to address the violation in a timely and respectful manner. It is also their responsibility to notify the WGFSA Issues Committee of any reports of violation and the manner in which they were addressed.

In the event of a violation the Manager/Coach feels the WGFSA Issues Committee should be involved, they will email [issues@wgfsa.com](mailto:issues@wgfsa.com) to report the violation as soon as practical.

Violations by Coaches or Managers shall be reported as soon as possible to the Player Agent for that age group, player agent email addresses are listed under the Board Members tab of our website at [www.wgfsa.org](http://www.wgfsa.org).

**Addressing Conduct Violations:**

Conduct violations may be addressed by any, or all, of the following people and methods in any order deemed appropriate to the violation.

Umpires have the responsibility to immediately address conduct violations during games or practices. Umpires have the ultimate authority to issue verbal warnings and/or eject any player, parent, spectator, manager or coach from games. Umpires have ultimate authority during games and their decisions cannot be appealed.

Managers/Coaches have the responsibility to immediately address conduct violations during games or practices and to follow up on any received reports of violations. Managers/Coaches have the authority to issue verbal warnings, written warnings and/or eject any player, parent or spectator from games or practices. With the exception of ejection from a game or practice, decisions by the Manager/Coach may be appealed to the Player Agent.

Player Agents have the responsibility to promptly follow up with any reports of violation received and to hear appeals of the decisions by Managers/Coaches. Player Agents have the authority to issue verbal warnings, written warnings and single or multi game suspensions. Decisions by the player agent may be appealed to the Issues Committee.

The Issues Committee has the responsibility to promptly follow up with any reports of violation received directly as well as to hear appeals to the decisions by Player Agents. The Issues Committee has the authority to issue all previously listed disciplinary actions as well as season suspensions, suspension from the league and in the case of Manager/Coach, the authority to suspend their ability to manage/coach on a short- or long-term basis. The Issues Committee has ultimate authority for the League and their decision cannot be appealed.

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**Manager/Coach Name** **Age Division**

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**Manager/Coach Signature** **Date**

**– Woodland Girls Fastpitch Local Rules Summary –  
2023**

|                              | <b>6-Under</b>  | <b>8-Under</b>   | <b>10-Under</b>  | <b>12-Under</b>  | <b>14/16-under</b>   |
|------------------------------|---|--|--|--|--|
| <b>Baseline Distance</b>     | 60 feet   | 60 feet  | 60 feet  | 60 feet  | 60 feet  |
| <b>Pitching Distance</b>     | 30 feet   | 30 feet  | 35 feet  | 40 feet  | 43 feet  |
| <b>Softball Size</b>         | 10" RIF 1 USA Softball approved                                     | 10" RIF 1 USA Softball approved  | 11" USA Softball approved  | 12" USA Softball approved  | 12" USA Softball approved  |
| <b>Game Time</b>             | 1:00 no new inning<br>1:15 drop dead<br>Ties allowed; Score reverts | 1:20 no new inning<br>1:30 drop dead<br>Ties allowed; Score reverts    | 1:20 no new inning<br>1:30 drop dead<br>Ties allowed; Score reverts                | 1:20 no new inning<br>1:30 drop dead<br>Ties allowed; Score reverts                | 1:20 no new inning<br>1:30 drop dead<br>Ties allowed; Score reverts                |
| <b>Regulation Game</b>       | N/A   | 6 Innings  | 7 Innings  | 7 Innings  | 7 Innings  |
| <b>Runs/Inning</b>           | N/A   | 4 max  | 5 max  | 5 max  | 5 max  |
| <b>Mercy Rule</b>            | N/A   | 12 runs after 4<br>8 runs after 5                                      | 15 runs after 3<br>12 runs after 4<br>8 runs after 5                               | 15 runs after 3<br>12 runs after 4<br>8 runs after 5                               | 15 runs after 3<br>12 runs after 4<br>8 runs after 5                               |
| <b>Defensive Players</b>     | No Min/Max  | 10 (4 outfielders)   | 9  | 9  | 9  |
| <b>Players to Start Game</b> | No Min/Max  | 8 players / Less than 8, forfeit after 10 min                          | 8 players / Less than 8, forfeit after 10 min                                      | 8 players / Less than 8, forfeit after 10 min                                      | 8 players / Less than 8, forfeit after 10 min                                      |
| <b>Minimum Playing Time</b>  | Cannot sit longer than one inning                                   | Must play 2 innings per game; May not sit more than 2 innings in a row | Must play 2 innings per game; cannot sit more than 2 consecutive innings           | Must play 2 innings per game; cannot sit more than 2 consecutive innings           | Must play 2 innings per game; cannot sit more than 2 consecutive innings           |
| <b>Batting Requirements</b>  | Bat entire roster every inning                                      | Bat the roster up to 15 players  | Bat the roster up to 15 players  | Bat the roster up to 15 players  | Bat the roster up to 15 players  |
| <b>Bunting</b>               | No  | Yes; player pitch only   | Yes  | Yes  | Yes  |
| <b>Dropped 3rd Strike</b>    | N/A   | No   | Yes, to 1st base only  | Yes  | Yes  |
| <b>Stealing</b>              | No  | No   | Yes; 1 base per pitch  | Yes  | Yes  |
| <b>Stealing Home</b>         | No  | No   | Yes  | Yes  | Yes  |
| <b>Courtesy Runners</b>      | Free  | For injury, pitcher & catcher. Must be last put out.                   | Injury, pitcher & catcher only. If CR needs to bat, player she ran for will be out | Injury, pitcher & catcher only. If CR needs to bat, player she ran for will be out | Injury, pitcher & catcher only. If CR needs to bat, player she ran for will be out |
| <b>Hesitation Rule</b>       | No  | Yes  | Yes  | Yes  | Yes  |
| <b>Infield Fly Rule</b>      | No  | No   | Yes  | Yes  | Yes  |
| <b>Pitcher</b>               | Coach pitch 3 pitches, then hit from tee                            | Player / After 4 balls coach-pitch remaining strikes. No walks.        | Player   | Player   | Player   |
| <b>Pitching Requirements</b> | N/A   | 2 innings for first 4 + 1 inning after 4 <sup>th</sup> ; 3 max.        | 4 innings per game maximum   | 4 innings per game maximum   | 4 innings per game maximum   |
| <b>Coaches on Field</b>      | Offense: 1 Coach Pitcher<br>Defense: No Max                         | Offense: 1 Coach Pitcher<br>Defense: 2 Max                             | No   | No   | No   |

**– Full 2023 WGFSA Local Rules can be found at [www.wgfsa.org](http://www.wgfsa.org) –**



## 2023 WGFSA LOCAL RULES

### General Policy

The By-Laws of the Woodland Girls Fastpitch Softball Association (WGFSA), and these local rules shall not conflict with the rules and regulations established by the NorCal Girls Softball Association.

All games shall be governed by current NorCal and official USA Softball rules, except where modified by these local rules. Application of local rules may vary by event and season. Local rules will be updated, as necessary, by the WGFSA Board.

### League Boundary

Any girl residing within the confines of, or attending, the Woodland Joint Unified School District, is eligible to participate in this program.

### Age Divisions

- 6U Division: girls ages 4 to 6 years old.
- 8U Division: girls ages 7 and 8 years old.
- 10U Division: girls ages 9 and 10 years old.
- 12U Division: girls ages 11 and 12 years old.
- 14U-16U Division: girls ages 13 to 17 years old.

Players in the 6U division should be 4 by March 1<sup>st</sup> of the calendar year during which they will play. For 8U-16U, age is determined as of September 1<sup>st</sup> of the calendar year during which they will play. Players that are 17 years old are not eligible for All-Star or Fall Season play.

### Spring Season

#### Registration and Deadlines

1. Registration generally begins for Spring Season in November, and for Fall Season in June. Specific time periods and deadlines will be posted on the league website at WGFSA.org.
2. Late sign-ups begin the day after the first player evaluation. All late registrations will be charged a late fee to cover the cost of any administrative costs and uniform fees incurred.
3. Placement on a team is not guaranteed. If a player is placed on a team, there is no guarantee that she will receive a uniform in time for the season.
4. Players registered after player evaluations but before draft, will go into a blind draw during the draft.
5. Players registered after the draft will be placed onto a waiting list. The applicant will be placed on the list according to date and time received by the Registrar and will be added to a team at the WGFSA Board discretion based upon the roster size of the teams.
6. Placement of the player(s) will be in the order where the original draft concluded.
7. No refunds will be given once uniforms are ordered.
8. Refund of credit card payments will incur a service charge per credit card transaction and the credit amount will only be for any unencumbered amount.

#### Manager and Coach Selection

Managers and coaches must register online and agree to a background check. Coaches and managers must be approved by the Board prior to being issued a team. Prior misconduct and concerns/complaints will be taken into account when the Board is considering an application.

#### Team Formation

##### 6U Division

1. Teams are formed based upon age evaluation by the Registrar to make the best effort in dividing players based upon their age and dividing them among teams equally.
2. The League will endeavor to have no more than 6 girls per team in the 6U age bracket. However, the total

number of players will be dependent on enrollment and will be evenly distributed across the teams.

##### 8U-16U Divisions

1. 8U-16U players will participate in player evaluations and those who are not held by a coach/manager will then be drafted to a team.
2. Teams are formed through a player draft (see "Draft" section below).
3. The League will endeavor to have 12 girls per team. However, the total number of players will be dependent on enrollment and will be evenly distributed across the teams.

#### Team Holds

##### 6U Division

1. A manager or coach may hold their own daughter/family member. There are no maximum number of holds in 6U.
2. Each 6U player may request one (1) buddy hold. The buddy hold must be indicated on the registration for both players or there is no guarantee of being placed on the same team.

##### 8U-16U Divisions

1. A maximum of two (2) holds will be allowed by a team.
2. A manager and coach must hold their own daughter/family member.
3. To hold a player that is not the child of the drafting manager/coach, a written letter of consent from the player's parent/guardian must be submitted by the requesting manager to the Player Agent for that age division at the draft if the signed letter is not present at the draft for all managers to review if desired the hold will not be valid.
4. At no time may a team hold more than one (1) pitcher from the approved pitcher list unless they are sisters. Any conflict with these provisions will be resolved by the Board.
5. Returning WGFSA players may have one (1) Buddy Hold; the "Buddy" is a NEW player to WGFSA.
6. Sisters choosing to play on the same team will be considered one (1) hold. Once the first is chosen, the second is placed as the last rostered player for that team.

#### Player Evaluations

##### 6U Division

1. There are no player evaluations for 6U players.

##### 8U-16U Divisions

1. Player evaluations will be held over two (2) weekends whenever possible.
2. A list will be supplied to all interested/potential managers and coaches with the player's names and categories for the abilities being tested. Players will be tested on abilities for hitting, base running, throwing, and fielding.
3. Managers and coaches will rate each player on her ability using any system they choose.
4. Players who wish to "play-up" to the next age division must have one (1) year experience in their current age division and must attend both the age appropriate evaluation and the evaluation of the age division they are wishing to move up to. All players requesting to play up must have Board approval. Once a player plays up they may not move back down without Board approval.
5. All players, including pitchers, should attend evaluations. Unless noted otherwise in these rules, any players who fail to attend one (1) of the player evaluation dates will not be drafted but will instead be placed in a blind draw.

#### Pitchers

##### 8U-16U Divisions

WGFSA acknowledges that there will not necessarily be as many pitchers as teams in any given year. Therefore, the following procedure is an attempt to identify and distribute the available pitchers with significant experience evenly across the teams:

1. A pitcher is a player who has been determined by the Board to have the experience and ability to effectively pitch. High School players will not be considered as pitchers for draft purposes.
2. A list of pitchers will be compiled by the Board, to be used during the pitcher's draft (see "Draft" below)
3. If a player on the list of pitchers chooses not to pitch, she will remain on the pitchers list, unless she submits written agreement that she will not pitch in season games. All written agreements will be subject to Board approval. All managers within that division will receive a copy of any such approved agreement prior to the season draft. If a pitcher who has submitted such an agreement throws one (1) pitch during any games of the season for which the agreement was written, that game will result in a forfeit.

\*\*Removal from the pitchers list is strongly discouraged, experience shows this is not in the player's best interest.

## Draft

### 6U Division

1. There will be no player draft for 6U teams. Teams will be formed according to the "Team Formation" section above.

### 8U-16U Divisions

1. Whenever possible, within seven (7) days of the final player evaluation, all managers and coaches will assemble for the draft.
2. Prior to the starting time of the appropriate team draft, all managers must disclose to their respective Player Agent the identity of their coach(s) and the identity of their player hold(s) and if the held player is a pitcher.
3. If a list of pitchers has been created and provided, prior to Round 1 of the draft, any teams not holding a pitcher from the approved list will participate in a pitcher's draft of remaining pitchers. This draft selection becomes their 1st round pick or one (1) of their holds if they are holding fewer than two (2) players. If there are more pitchers listed than teams, the remaining pitchers will be included in the overall draft.

See below for an example of where pitcher drafts and coach/manager holds are placed in the draft process:

|           | Team 1             | Team 2                         | Team 3             | Team 4             |
|-----------|--------------------|--------------------------------|--------------------|--------------------|
|           |                    | Pitcher's Draft (if necessary) |                    |                    |
| Round 1   | Draft              | Draft                          | Draft              | Draft              |
| Round 2   | Draft              | Draft                          | Draft              | Draft              |
| Round 3   | Coach/Manager Hold | Coach/Manager Hold             | Coach/Manager Hold | Coach/Manager Hold |
| Round 4   | Coach/Manager Hold | Coach/Manager Hold             | Coach/Manager Hold | Coach/Manager Hold |
| Round 5   | Draft              | Draft                          | Draft              | Draft              |
| Round 6   | Draft              | Draft                          | Draft              | Draft              |
| Rounds 7+ | Draft              | Draft                          | Draft              | Draft              |

4. Draft order will be conducted using the following procedure:
  - a. Each manager will randomly draw a number from a supply of paper slips with numbers equal to the number of teams in the division. The number drawn will be the manager's team number for the draft and throughout the playing season.
  - b. The order of selection or draw will be as follows: (Example given is for a four-teams. Numbers will be adjusted as necessary, by division, each year.)

|           |   |   |   |   |
|-----------|---|---|---|---|
| Round 1:  | 1   | 2 | 3 | 4 |
| Round 2:  | 4   | 3 | 2 | 1 |
| Round 3*: | 1   | 2 | 3 | 4 |
| Round 4*: | 4   | 3 | 2 | 1 |
| Round 5:  | 1   | 2 | 3 | 4 |
| Round 6:  | 4   | 3 | 2 | 1 |
| Round 7+: | Pattern repeats through completion of draft |   |   |   |
  - \*Rounds 3 & 4 are "Hold" rounds, only teams without player holds will participate in these rounds.
  - c. Pitchers not being held on a team must attend player evaluations. Pitchers (as determined by the Board using the definition above) who do not attend player evaluations will be placed in the open draft and not the blind draw.
  - d. After all players who attended a player evaluation have been drafted, the remaining players who did not attend a player evaluation will be selected by an open blind draw.
  - e. High school players who did not attend player evaluations will be in a separate blind draw to take place following the blind draw of non-High School players who did not attend player evaluations.

Girls must play on the team for which they have been drafted. No trading of players by teams will be allowed following the conclusion of the draft. While at the draft meeting, players may be traded for cause and all such trades must be approved by the Player Agent and President. Any such trades must be concluded prior to the end of the meeting and announced to all present. Should there be any protest of the proposed trade, the matter shall be referred to the full Board of Directors at a meeting to be held within seven (7) calendar days.

## All-Star Season

### Manager and Coach Selection

The managers/coaches for the All-Star teams will be determined by the WGFSa Board. Those interested in managing All-Star teams must submit a written request to the Board no later than April 15, of the current year. The Board will select the All-Star staff from the interested managers/coaches. The selected manager will choose their team staff from the eligible coaches in their division. Only current year Spring Season coaches and/or managers within the age division are eligible for All-Star teams.

The Code of Conduct signed in the Spring Season remains in effect for the All-Star Season. All team staff for All-Star teams must be background checked and ACE certified prior to the first All-Star tournament.

### All-Star Player Eligibility

To be eligible for All-Stars, a player must be in good standing with WGFSa as of April 1<sup>st</sup> of the current year, must be league age 8U-16U by September 1<sup>st</sup> of the current year, have not played in a higher age division than the one for which they are being considered for All-Stars, have not played in a travel ball (A-level) game on or after April 1<sup>st</sup>, have played in one-third of the regular scheduled games. If a player incurs an injury or illness and is unable to play one-third of the scheduled games, she may still be eligible for All-Stars. For High School players, scheduled games begin at the end of the High School Season.

An All-Star team will consist of a minimum of 12 players and a maximum of 14 players. The final size of the All-Star team roster will be at the discretion of the manager and coaches.

### Team Selection

1. All-Star teams will be formed from the age divisions played in the Spring Season (8U, 10U, 12U, 14U and 16U).
2. All eligible players in the age group will be invited to try out for the All-Star team.
3. The Board will compile a panel of impartial coaches to rate the players during tryouts.
4. The All-Star team will be compiled of the top-rated girls from the tryouts.
5. Once an All-Star coaching staff is chosen, that staff will determine the final roster size.
6. The team will consist of a minimum of 12 players and no more than 14 players. The All-Star team coaching staff must take the top 10-12 players from the tryout rating list and then may choose up to two (2) players from all eligible players in the age division. The breakdown is as follows:
  - 12 players = top 10 from list + 2 manager's choice
  - 13 players = top 11 from list + 2 manager's choice
  - 14 players = top 12 from list + 2 manager's choice
7. All-Star teams will be officially announced at closing ceremonies.
8. At least one (1) All-Star coaching staff member for each age division must attend NorCal's mandatory All-Star meeting.
9. The All-Star manager will be allowed to design their own uniform but will be given an allotted uniform allowance per player. If the cost of the uniforms exceeds the allowance, then the team will be responsible for any additional cost which may be funded either through fundraising, sponsorships or additional fees passed on to players.
  - a. Uniform design must be approved by the Player Agent, President and Vice President prior to ordering.
  - b. Uniforms must be ordered through the approved league uniform supplier.

### Player Commitment

1. Players must commit to at least two (2) warm-up tournaments and the NorCal All-Star Tournament to be eligible.
2. All-Star players will be charged an All-Star fee which will be set by the Board annually to fund the cost of uniforms and three (3) tournament fees. Teams may do their own fundraising or obtain a sponsor to offset this expense or participate in additional tournaments.
3. All-Star players failing to comply with commitments, including a trip to Regional and National competitions, if eligible, will not be allowed to participate in the following year's All-Star program.

### Manager/Coaches Commitment

1. Managers/coaches must commit to at least two (2) warm-up tournaments and the NorCal All-Star Tournament.
2. Manager must commit to taking team to Regional and National competitions if a berth is offered.
3. All-Star managers and coaches failing to comply with commitments, including a trip to Regional and National competitions, if eligible, are not permitted to manage/coach for the next year's All-Star Season or Select program.

## Fall Season

All games shall be governed by current NorCal and USA Softball rule books, except as clarified or modified herein. An exception will be made for compliance with NorCal Softball Fall Season play which will be bound by the NorCal Softball determined rules.

### Registration and Deadlines

1. Fall Season registration will begin after the Spring Season's closing ceremony.
2. Fall Season registration is first come, first served. The League will endeavor to roster 12-14 players per team. Placement on a team is based on the order of registration until rosters are full. If there are more registered players than teams formed, a waitlist will be created until there are enough players to form an additional team.
  - a. All-Star players who register before the end of regular registration will receive priority for Fall Season team placement. All-Star players who register after regular registration will not receive priority placement.
  - b. Players will be added to teams from the waiting list, as space is available, in the order in which they were originally received by the Registrar.
3. All Fall Season fees are due at time of registration.

### Manager and Coach Selection

1. All-Star managers have first priority to be a Fall Season manager. If he/she declines the Board must approve a manager from the list of applicants.
2. If multiple teams are formed, then managers from the Spring Season will have priority to manage teams.
3. Fall Season managers should have at least one (1) season of experience in managing a team and some experience/knowledge of Fall Season (tournament type play).

### Team Formation

#### 6U Division

1. Teams are formed based upon age evaluation by the Registrar to make the best effort in dividing players based upon their age and dividing them among teams equally.
2. The League will endeavor to have no more than 6 girls per team in the 6U age bracket. However, the total number of players will be dependent on enrollment and will be evenly distributed across the teams.

#### 8U-16U Divisions

1. If there are enough players to create more than one (1) team per division, they will be designated Team A, B, etc.
2. All-Star players from the current season, staying in the same age bracket, have first priority on Team A. Any player/parent choosing to not play for Team A will go into the pool of players divided among the remaining teams.
3. If more than one team is necessary and managers have not yet been approved, then all eligible players will be selected through a blind draft with the exception of All-Star players who will be placed on Team A. If managers have been approved, then player selection will be through a draft of players with All-Star players and manager/coaches players held at the bottom of the draft.
4. All-Star players will be held in the bottom positions on Team A. Additional teams are permitted two (2) Coach/Manager holds which will be placed in the last two roster positions. The example below shows seven (7) returning All-Stars. If additional All-Stars return, they would hold positions 5, 4, 3 etc.

|     | Team A          | Team B             | Team C             |
|-----|-----------------|--------------------|--------------------|
| 1.  | Draft           | Draft              | Draft              |
| 2.  | Draft           | Draft              | Draft              |
| 3.  | Draft           | Draft              | Draft              |
| 4.  | Draft           | Draft              | Draft              |
| 5.  | Draft           | Draft              | Draft              |
| 6.  | All-Star Player | Draft              | Draft              |
| 7.  | All-Star Player | Draft              | Draft              |
| 8.  | All-Star Player | Draft              | Draft              |
| 9.  | All-Star Player | Draft              | Draft              |
| 10. | All-Star Player | Draft              | Draft              |
| 11. | All-Star Player | Coach/Manager Hold | Coach/Manager Hold |
| 12. | All-Star Player | Coach/Manager Hold | Coach/Manager Hold |

5. Players wishing to move up a division will be placed on a team after the eligible players within that age group are placed, if space is available. (i.e., a player from an 8u Spring team wishes to play 10u in Fall Season).
6. All-Star coaches moving up in the fall will be eligible to coach, however, they will not receive priority for coaching. All-Star players moving up will not have priority and will enter the new age division as a regular registration.
7. Girls may not switch teams after the draft is complete and teams have been formed.

## General Program Information

### Player Security

All adult volunteers who will be entering the dugout and/or playing field during team practices, games or any one-on-one contact with a player, must be approved by the WGFSA Board and registered with USA Softball (requiring a background check) and must have their current USA Softball registration (ID) card available.

All teams must have at least one (1) female approved and registered to their team who will be present at all times that the team congregates. If a registered female cannot be present, the team shall contact the player agent to have a female Board member, or other registered female, attend in their place.

At no time, except in cases of emergency due to injury, will any adult be permitted on the field or in the dugout without having been approved by the WGFSA Board and registered with USA Softball. Violations of this provision may result in disciplinary action or banishment from WGFSA fields and activities.

### Practices/Games

1. Teams are not permitted to congregate for more than two (2) hours, three (3) times per week. An exception to the three (3) times a week will be made if necessary to reschedule a postponed game.
2. Congregating includes any combination of practices, games, and/or skill sessions. Any combination of team players/coach(es) constitutes a team for the definition of congregation.
3. All-Stars may practice no more than three (3) hours per day, three (3) times per week.
4. Teams cannot meet more than one (1) hour prior to game time for Spring and Fall Seasons. Travel time for out-of-town games does not contribute to the total congregation time.

### Uniforms

1. Players must wear team issued shirt tucked in for games. No alterations may be made to the team issued shirt or headwear without prior Board approval.
2. Players will supply their own shorts/pants, sliding pants/shorts, gloves and cleats, helmet with face guard and chin strap and face mask if needed.
3. Cleats must be worn during games for 8U-16U. Cleats are highly encouraged but not required for 6U players. 8U-12U players must wear molded cleats (no metal cleats). Metal or molded cleats are allowed for 14U-16U.
4. Coats, jackets, sweatshirts, etc. of any color may be worn under the team issued shirt. Players may also wear team logo outerwear that has their player number displayed prominently.
5. Any team issued shirt or headwear lost, stolen or damaged will be replaced at the player's expense.

### Jewelry

No jewelry of any kind, including sports jewelry, should be worn during games or practices. This includes any items deemed dangerous or a distraction by the plate umpire. This rule is applied at the sole discretion of the plate umpire. An exception will be made for necessary medical identification jewelry.

### Injured Player/Incident Report

1. Participants shall be immediately removed from practice or competition if ill, injured or excessively fatigued, or if they give evidence of emotional strain. Following a severe illness or injury written permission to resume play from a physician may be requested. If an injury or illness occurs, the team manager or coach must contact their Player Agent within 24 hours of the incident.
2. The team manager must complete and submit a written Incident Report to their Player Agent within 72 hours of the incident.
3. Any player under a doctor's care must have a doctor's release before she can begin/resume playing for the league. The doctor's release must be submitted to the Player Agent before the player returns to WGFSA activities.
4. Parent/Guardian has 50 days to file a claim through USA Softball Insurance for injuries sustained while engaged in activities with WGFSA.

### Conduct/Misconduct

The Woodland Girls Fastpitch Softball Association will implement a Code of Conduct to outline the proper role of parents, guardians, spectators and guests in supporting their child in sports. This Code will also ensure there is respect for the officials and the integrity of the game.



The code shall include conduct which is required and/or prohibited and shall include at a minimum the following:

1. Prohibition of discrimination with respect to any protected class including race, creed, sex or ability.
2. Requirement that parents, managers and coaches are responsible for their actions and those of their guests when attending WGFSA functions.
3. Prohibition of unsportsmanlike conduct by parents, players, managers and coaches toward any official, coach, player or parent.
4. Requirement that spectators and participants respect the authority of the officials during games and not challenge or question that authority.
5. Prohibition of parents from coaching their children from the sidelines during games/practices and/or scolding children (theirs or others) for mistakes or losing competitions.
6. Requirement that parents and players honor the game and respect the coaches and officials through their actions by being positive, supportive and respectful. This shall also include their commitment to the team including regular attendance at practices/games and mandate prompt/advance notification of absences.

This form shall be available on the WGFSA website or by contacting Board@wgfsa.org. Parents, players, managers and coaches must read, understand and consent to this code prior to participating in the league.

Conformance to the Code of Conduct is paramount to ensuring an enjoyable, respectful, and safe environment in which to develop our players physically, socially and emotionally. Any individual witnessing a violation of the Code of Conduct shall have the responsibility to notify the WGFSA Board as soon as practical by emailing issues@WGFSA. Violations of the Code of Conduct shall be subject to disciplinary action as set forth in the Violations section of the Code. Disciplinary action may vary from verbal warnings to suspension from the league; discipline shall be commensurate to the violation.

## **All Divisions Game Rules/Information**

WGFSA recognizes that participating players have varied interests outside of softball. While the association encourages continued participation in these varied interests, it also encourages and expects each player to assume the responsibility of commitment to their team.

**All games shall be governed by current NorCal and USA Softball rule books, except as clarified or modified herein. An exception will be made for tournament play which will be bound by the tournament determined rules.**

### **Game Times & Schedules**

All schedules and game times will be posted on the WGFSA website as soon as possible, but at least one week before opening ceremonies. The Board attempts to consider and schedule around school events however, it is impossible to accommodate all events. (See below for rescheduling a game)

When the schedule is posted, the home team will be listed first and will occupy the 3<sup>rd</sup> base dugout. The visiting team will be listed second and will occupy the 1<sup>st</sup> base dugout.

Game time will officially begin when the home plate umpire gives the command to "Play Ball".

#### **6U Division**

1. Game Length: 1 hour; no new inning may start after 1 hour; there will be a 1 hr. 15 min. drop dead time.

#### **8U Division**

1. Game Length: 1 hr. 20 min.; No new inning may start after 1 hr. 20 min.; the current inning will be completed unless it becomes too dark or is deemed by the umpire to be unsafe to continue. There will be a drop-dead time of 1 hr. 30 minutes.
2. Games may end in a tie.
3. Regulation Game: Six (6) innings

#### **10U-16U Divisions**

1. Game Length: 1 hr. 20 min.; No new inning may start after 1 hr. 30 min.
2. Games may end in a tie.
3. Regulation Game: Seven (7) innings.

### **Rescheduling Games**

Scheduling conflicts must be brought to the attention of the Board prior to the 1st day of the season for consideration. After the start of the season, games will be rescheduled only for following reasons:

1. The requesting team must give notice to the Board and the opposing team at least 72 Hours prior to game time.
2. The request will only be considered if a team cannot field the minimum number of players required to start a game due to a school function, organizational special event (i.e., Dance recital, 4-H Spring Show), planned family vacation, or injury. If a manager cannot field a full team due to an injured player, then they must notify the Board as soon as possible.
3. The requesting team manager must give the names of the players that will be absent to the Board.
4. The Board will notify, other team's manager and the Umpire in Chief of the request.
5. The requesting team manager will be notified of the rescheduling decision within 24 hours.
6. All rescheduled games must be completed by the last day of season play.
7. If a game is not played, or is unable to be rescheduled, by the last day of season play, the game will be declared a forfeit.

### **Weather Conditions**

1. Players, managers, coaches, scorekeepers and umpires shall report to their scheduled games unless they receive a call from a member of the Board of Directors notifying them of a canceled game because of a wet field.
2. If a team fails to show up for a scheduled game, they will be given a forfeit for the game scheduled.
3. In case of rain and/or inclement weather, please go to [www.wgfsa.org](http://www.wgfsa.org) for field updates. Games are to be played as scheduled unless cancelled or postponed.

## Postponed/Rescheduled Games

1. All incomplete games that must be postponed will be rescheduled and will be restarted from the first inning regardless of what inning the game may have been in when it was postponed.
2. Games postponed by weather will be rescheduled by the Board as soon after the delay as possible.
3. Managers will be given at least 72-hour notice about the rescheduled game. Manager must confirm if they can or cannot play.

When the postponed game is rescheduled, it should be played with the same roster of eligible players. If high school players were not on the active roster at the original schedule date/time of the postponed game, they are ineligible to play during the rescheduled game.

## Scorekeeping & Team Standings

1. The home team will be the official scorekeeper. If a team does not have a scorekeeper, they may use the visiting team scorekeeper with the approval of the umpire before the start of the game.
2. The official scorekeeper may be located anywhere that allows for proper tracking and scoring of the game.
3. 6U teams will not keep score or track standings. 8U-16U teams will keep score and standings will be tracked.

Each win or loss will count as one (1) win or loss in the standings. In the case of a tie game each team will be credited with 1/2 a win and 1/2 a loss in the standings. Teams tied for first place at the end of the season will use the following tiebreaker procedure:

1. Head-to-head match up
2. Runs allowed
3. Runs against

## Run Rule & Mercy Rule

### 8U Division

1. A maximum of four (4) runs can be scored by a team per each ½ inning.
2. The mercy rule will apply: 12 runs after 4 innings or 8 runs after 5 innings.

### 10U-16U Divisions

1. A maximum of five (5) runs can be scored by a team per each ½ inning. The 6<sup>th</sup> and 7<sup>th</sup> inning will be open.
2. The mercy rule will apply: 15 runs after 3 innings, 12 runs after 4 innings or 8 runs after 5 innings.

## Defensive Requirements

### 6U Division

1. There is no minimum number of players required to start a game.
2. Free substitution of defensive players is permitted at any time.

### 8U Division

1. Maximum of ten (10) defensive players may be on the field at one time. If playing with less than ten (10) defensive players, team will take an out for the 9<sup>th</sup> and/or 10<sup>th</sup> batter(s).
2. Minimum of eight (8) defensive players are required to start a game. The game will be forfeited if a team has less than eight (8) players at game time.
3. Free substitution of defensive players is permitted at any time.

### 10U-16U Divisions

1. Maximum of nine (9) defensive players may be on the field at one time.
2. Minimum of eight (8) defensive players are required to start a game. The game will be forfeited if a team has less than eight (8) players at game time.
3. Free substitutions of defensive players is permitted at any time.

## Line-Up/Batting Order

All official line-up sheet must be turned in to the scorekeeper 10 minutes before game time. Failure to do so will result in a forfeit of the first batter (i.e. the first batter becomes out number one).

1. All divisions must bat the entire roster during games.
  - a. 6U teams bat entire roster every half inning.
  - b. 8U-16U teams will bat entire roster in continuous order –start the batting lineup where ended the previous inning.

2. List the entire roster of players present at game time, excluding those being held out for disciplinary reasons (which must be noted in the scorebook). This includes all players; even those not presently playing defensively.
3. After the official batting order is given to the official scorekeeper, girls arriving late will be inserted at the bottom of the batting order. This may be done at any time.

## Batting

### 6U Division

1. Walks: Not permitted.
2. Hit-By-Pitch: If batter is hit by coach-pitcher, no base will be awarded.
3. Bunting and Slap Hitting: Not permitted.

### 8U Division

1. Walks: Not permitted.
2. Hit-By-Pitch: Batter hit by a player-pitcher will be awarded 1<sup>st</sup> base. If the ball hits the ground first, no base will be awarded. If the batter is hit by a coach-pitcher, no base will be awarded.
3. Bunting and Slap Hitting: Permitted only during player pitching.
4. Dropped 3<sup>rd</sup> Strike: Rule not in effect.

### 10U-16U Divisions

1. Walks: Permitted.
2. Hit-By-Pitch: Batter hit by a pitch will be awarded 1<sup>st</sup> base even if the ball hits the ground first as long as the batter makes an attempt to avoid being hit.
3. Bunting and slap hitting: Permitted.
4. Dropped 3<sup>rd</sup> Strike: Rule in effect.

## Base Running

### 6U Division

1. Leadoffs: Permitted once coach-pitcher releases the ball.
2. Stealing: Not permitted.
3. Sliding: Not permitted.
4. Courtesy Runners: Free substitutions, no restrictions.
5. Hesitation Rule: Not in effect.

### 8U Division

1. Leadoffs: Permitted once the pitcher releases the ball.
2. Stealing: Not permitted.
3. Sliding: Permitted if players are wearing appropriate protective gear (sliding shorts/pants)
4. Courtesy Runners: Permitted for injured players, pitcher and catcher. Must be player last put out.
5. Hesitation Rule: In effect. Base runners must immediately choose to advance or retreat to a base once the pitcher has control of the ball within the pitcher's circle unless the pitcher attempts to make a play on an advancing base runner.

### 10U Division

1. Leadoffs: Permitted once the pitcher releases the ball.
2. Stealing: Permitted and encouraged. Players may steal only one (1) base per pitch with the runner being liable to be put out. Base runners advancing beyond the stolen base may be put out when the ball is in play and they are between bases; once play stops, base runners advancing beyond the stolen base will be returned to the entitled (stolen) base. Stealing home is permitted.
3. Sliding: Permitted and encouraged. Players must wear appropriate protective gear (sliding shorts/pants).
4. Courtesy Runners: Permitted for injured players, pitcher and catcher. If courtesy runner must bat while she is on base, the player she was running for will be called out.
5. Hesitation Rule: In effect. Base runners must immediately choose to advance or retreat to a base once the pitcher has control of the ball within the pitcher's circle unless the pitcher attempts to make a play on an advancing base runner.

### 12U-16U Division

1. Leadoffs: Permitted once the pitcher releases the ball.
2. Stealing: Permitted and encouraged. No limitations. Stealing home is permitted.

3. Sliding: Permitted and encouraged. Players must wear appropriate protective gear (sliding shorts/pants).
4. Courtesy Runners: Permitted for injured players, pitcher and catcher. If courtesy runner must bat while she is on base, the player she was running for will be called out.
5. Hesitation Rule: In effect. Base runners must immediately choose to advance or retreat to a base once the pitcher has control of the ball within the pitcher's circle unless the pitcher attempts to make a play on an advancing base runner.

### Infield Fly Rule

#### 6U-8U Divisions

1. The infield fly rule is not in effect.

#### 10U-16U Divisions

1. The infield fly rule is in effect.

### Minimum Playing Time

Violations of minimum playing time rules will result in forfeiture of the game.

If a girl is injured or under disciplinary action and will be sitting out the game, this must be indicated on the initial line-up sheet prior to the start of the game and minimum playing time does not apply.

#### 6U Division

1. A player may not sit on the bench longer than one (1) inning.

#### 8U-16U Divisions

1. Each eligible player must play two (2) full innings per game and cannot sit more than two (2) consecutive innings.
2. Substitutions must be made by the top of the 3<sup>rd</sup> inning.
3. Any girl who does not play two (2) full innings of one game must start the next game. If this does not occur the first game will be counted as a forfeit.

### Injury/Re-entry

1. Should a player leave a game early for any reason other than injury or illness, the team will incur an out each time said player would have come up to bat.
2. If a player becomes injured or ill to the point of not being able to participate in the game, she will be withdrawn from the batting order. If the injured player is physically able, she may return to the game in her original position of the batting order. This may happen one (1) time only. If she leaves the game a second time she may not reenter.
3. Any player not under disciplinary action, not currently playing defense may be assigned to her defensive position.
4. If a manager cannot field a full team due to injured players, they must notify the Player Agent as soon as possible.

### Protective Gear & Safety

1. Facemasks are highly recommended, especially for pitchers, in all age groups.
2. Catchers must wear all appropriate protective gear while playing the position (shin guards, chest protector and helmet with face mask and throat protection).
3. Any player warming up a pitcher must wear, at a minimum, a helmet with facemask.
4. All batting helmets must fit properly and have a faceguard (chinstraps are optional but if worn must be fitted).
5. All batters, on-deck batters, base runners and players acting as coaches in the coach's box must wear a batting helmet with faceguard (chinstraps are optional but if worn must be fitted).
6. Failure to wear the appropriate helmet when ordered to do so by the umpire shall result in the player being ejected from the game.
7. Wearing the helmet improperly or removing the helmet during a live ball play and judged by the umpire to be a deliberate act shall result in the player to be given a warning. A second occurrence during the game shall result in the player being declared out immediately.
8. No player other than the batter and on-deck batter shall have a bat in her possession.
9. One (1) warning for bat possession will be issued by the umpire to the manager. The second warning will be an out for the team.
10. On-deck batter must stand in the designated area facing home plate.

### Team Area/Dugout

1. Only USA Softball insured adults and players are allowed in the dugout/on playing fields during games.
2. Players, managers, coaches and adult female chaperones must confine themselves to their own team area/dug-

out except when participating in the play, preparing to enter the game, or base coaching.

### Umpires

1. Umpires will be assigned to all games with the exception of scrimmages and 6U games. When a contracted umpire cannot be provided, the Board will assign someone to act in this capacity.
2. Umpires will provide the final Official Score Card to the Official Score Keeper at the end of game.
3. Umpires shall have complete charge of the game and shall have the power to banish spectators, players, managers, coaches, or any other person from the player's bench or field for misconduct, delaying the game, or any other reason deemed necessary for the good of the game. Umpires will normally work with the team manager to control fans.
4. Umpires' decisions shall be final. See below for protests.
5. Only the team manager or coach can talk to an umpire during a game regarding a dispute. An official scorekeeper cannot talk to an umpire regarding a player batting out of turn.
6. Umpires have the authority to eject players, coaches/managers and spectators. The consequence of ejection shall be as follows:
  - a. When an adult is ejected for any reason, they will be ineligible to manage or coach for the next scheduled playing date. Should the Board decide to impose other/additional punishments; a Special Board meeting will be required.
  - b. When a player is ejected for any reason, they will be ineligible to play during the next scheduled game. Should the Board decide to impose other/additional punishments; a Special Board meeting will be required.
7. All umpires will submit a written report to the league President within 24 hours after any game for which a protest has been registered or when it was necessary to eject a player, manager, coach, or spectator from the game.
8. If an umpire is scheduled for a game and fails to show up, the game must be played and the Board will assign someone to act in this capacity. The game will not be rescheduled due to not having an umpire in attendance.

### Protests

1. A verbal protest based on a misinterpretation of the rules shall be filed by the manager of the team immediately following such play and before the next pitch.
2. The manager of the protesting team shall immediately notify the plate umpire that the game is being continued under protest. The plate umpire shall in turn notify the opposing manager and official scorekeeper.
3. Should a manager decide to protest after play is resumed or after the game is over the protest will not be accepted. No protest shall ever be permitted on a judgment decision by the umpire.
4. All protests must be made in writing and filed with the league President within 24 hours. Protests will not be accepted after 24 hours. The written protest shall contain the following:
  - a. The date, time and place of the game.
  - b. The names of the umpires and scorekeepers.
  - c. The rule and section of the official Rules and Local Rules under which the protest is being made.
  - d. The decision and condition surrounding the making of the decisions.
  - e. All essential facts involved in the matter protested.
5. A \$25.00 fee must be deposited with all protests paid by the manager of the protesting team. If a protest is found to be valid, the money will be refunded.

The Board will meet as soon as possible after receipt of a protest to decide the protest.

## 6U Division Game Rules/Information

The objective of the 6U division is to maximize instruction of the basic fundamentals of fastpitch softball for girls 4 ½ - 6 years of age. Must be 4 by March 1<sup>st</sup>. Although this is a training division, the concept of good, healthy and fun competition is encouraged. This is a good way to teach the girls the basic concept of good sportsmanship.

Since this age division does not keep standings, no placement awards will be given. Each girl in the 6U Division will receive a participation award at the end of the season in lieu of trophies for team standings. The type of participation award will be determined by the Board of Directors.

The following instructions are expected:

1. Teach the basic, proper fundamentals of softball.
2. Teach each player to play more than one (1) position. It is suggested that all players be rotated often. It will be to their advantage when entering the 8u Division to be able to play 2 or 3 different positions.
3. Teach and encourage good sportsmanship! This should include showing respect for the other players on her team, the opposing team, the umpires, the managers and coaches, and the parents/spectators.
4. Be a good role model.

**All games shall be governed by current NorCal and USA Softball rule books, except as clarified or modified by the "All Divisions Game Rules/Information" section above and the following local rules:**

1. Ball Size: 10 inches RIF 1 (Reduced Injury Factor Level 1) USA Softball Approved
2. Base Distances: 60 feet
3. Pitching Distance: 30 feet
4. Base running:
  - a. All runners advance one (1) base per ball hit.
  - b. On any overthrow, resulting from an attempt to put out a runner or stop play, the runners will not advance.
5. Minimum Play Time: A player may not sit on the bench longer than one (1) inning.
6. Coaches may be in the outfield while their team is on the field to offer guidance during play. The coaches may not interfere with the ball or a player while the ball is in play.
7. Pitching:
  - a. Coach-pitchers must not interfere with the ball once it is in play. If possible, the coach pitcher should leave the playing field as soon as the ball is in play. If a coach-pitcher is hit with a ball or catches the ball it is still live and in play.
  - b. Offensive team's coach may throw three (3) pitches to the batter. The batter cannot strike out. If the ball is not put in play after three (3) pitches, a batting tee will be brought out until the ball is put in play. EXCEPTION: When the final coach pitch is hit foul, then another pitch will be allowed.
  - c. Player pitcher must have ability to defend herself.

**REMEMBER: Only USA Softball insured adults and players are allowed in the dugout or on the playing field during the games. A female chaperone must be present at all times.**

## 8U Division Game Rules/Information

The objective of the 8U division is to maximize instruction of the basic fundamentals of fastpitch softball for girls 7 and 8 years of age. Although this is a training division, the concept of good, healthy and fun competition is encouraged. In this division, the teams keep score and standings will be kept. Although there is winning and losing at this level, that is not what is important. A good, healthy and fun competitive atmosphere should be encouraged and good sportsmanship should be emphasized.

The following instructions are expected:

1. Teach the basic, proper fundamentals of softball.
2. Teach each player to play more than one (1) position. It is suggested that all players be rotated often. It will be to their advantage when entering the 10u Division to be able to play 2 or 3 different positions.
3. Teach, encourage and require good sportsmanship! This should include showing respect for the other players on her team, the opposing team, the umpires, the managers and coaches, and the parents/spectators.
4. Be a good role model.

**All games shall be governed by current NorCal and USA Softball rule books, except as clarified or modified by the "All Divisions Game Rules/Information" section above and the following local rules:**

1. Ball Size: 10 inches RIF 1 (Reduced Injury Factor Level 1) USA Softball Approved
2. Base Distances: 60 feet
3. Pitching Distance: 30 feet
4. Base Running:
  - d. Runners can only advance one (1) base on a batted ball being fielded in the infield that has not crossed the outfield line.
  - e. On any overthrow, resulting from an attempt to put out a runner or stop play, the runners will not advance.
  - a. When a ball is batted past the outfield chalk lines, base runners may advance at risk. Once the ball is in control in the infield, by any defensive player, the play is over and runners must stop at the base they were running toward. Control of the ball will be as determined by the umpire.
5. Minimum Play Time: Each player must play two (2) full innings per game and cannot sit more than two (2) consecutive innings. Any player who does not play 2 full innings must start the next game attended.
6. Maximum of two (2) defensive coaches may be in the outfield while their team is on the field. The coaches may not interfere with the ball or a player while the ball is in play. Any interference will result in all runners being called safe plus all runners are awarded one (1) additional base.
7. Pitching:
  - a. It is highly recommended that pitchers wear facemasks.
  - b. Player-pitcher will begin pitching to each batter. After four (4) balls from the player-pitcher, the coach-pitcher will assume the batter's pitch count and each coach pitch is assumed to be a strike. Batters cannot strike out on a foul ball, when the final coach-pitch is a foul ball, another pitch will be permitted.
  - c. Coach-pitcher must have one (1) foot on the rubber at the time of release of the ball.
  - d. While a coach is pitching, player pitcher must keep one (1) foot inside the circle until the ball is batted.
  - e. Coach-pitcher may not instruct/coach the batter or use the words "ball", "strike" or "swing" from the time they step into fair territory. After a warning from the umpire for violation, the pitch will be called a strike.
  - f. Coach-pitchers must not interfere with the ball once it is in play. If possible, the coach-pitcher should leave the playing field as soon as the ball is in play. If a batted ball strikes the coach-pitcher, the play is dead, the batter is awarded first base and all other runners advance only if forced.
  - g. Attempt being made by the player-pitcher to control the ball in the circle will be considered a dead ball.
  - h. No player may pitch more than two (2) innings for the first four (4) innings of a game, one (1) additional inning may be pitched after the 4<sup>th</sup> inning. No more than three (3) innings may be pitched per game. Managers are responsible for tracking innings pitched by players.
  - i. One (1) pitch off the mound (including warm up pitches) constitutes an inning pitched.
  - j. Pitchers are allowed either one (1) minute or up to five (5) warm up pitches between innings, (which-ever comes first). It does not matter if the catcher is a coach or player.
  - k. Illegal pitches shall be questioned only by the head coach of the opposing team and in conference with the umpire and other head coach. There shall be no other consequence for illegal pitches beyond instructing the pitcher. If, in the opinion of the umpire, a distinct advantage is being achieved through the illegal pitch, all illegal pitches will be called balls.

**REMEMBER: Only USA Softball insured adults and players are allowed in the dugout or on the playing field during the games. A female chaperone must be present at all times.**

## 10U Division Game Rules/Information

The objective of the 10U division is to build on the basic fundamentals of fastpitch softball and teach more advanced techniques to girls 9 and 10 years of age. In this division, the teams keep score and standings will be kept. Although there is winning and losing at this level, that is not what is important. A good, healthy and fun competitive atmosphere should be encouraged, and good sportsmanship required.

**All games shall be governed by current NorCal and USA Softball rule books, except as clarified or modified by the "All Divisions Game Rules/Information" section above and the following local rules:**

1. Ball Size: 11 inches USA Softball Approved
2. Base Distances: 60 feet
3. Pitching Distance: 35 feet
4. Minimum Play Time: Each player must play two (2) full innings per game and cannot sit more than two (2) consecutive innings. Any player who does not play 2 full innings must start the next game attended.
5. Pitching:
  - a. It is highly recommended that pitchers wear facemasks.
  - b. No player may pitch more than four (4) innings per game. Each team shall be responsible for tracking innings pitched by players.
  - c. One (1) pitch off the mound (including warm up pitches) constitutes an inning pitched.
  - d. Pitchers are allowed either one (1) minute or up to five (5) warm up pitches between innings, (which-ever comes first). It does not matter if the catcher is a coach or player.
  - e. An excessive number of wild pitches which strike the batter will not be tolerated. Any pitcher who hits three (3) batters in a single inning or accumulates five (5) hit batters within a single game must be relieved of pitching duties immediately and for the duration of that game. She may continue to play in another defensive position.
  - f. Illegal pitches shall be questioned only by the head coach of the opposing team and in conference with the umpire and other head coach.

**REMINDER: Only USA Softball insured adults and players are allowed in the dugout or on the playing field during the games and practices. A female chaperone must be present at all times.**

## 12U-16U Divisions Game Rules/Information

The objective of these divisions is to provide a good, healthy and fun competitive atmosphere while keeping score. These divisions are designed to reinforce and refine the skills necessary to be successful in the game of fastpitch softball. Although there is winning and losing at this level, that is not what is important. A good, healthy and fun competitive atmosphere should be encouraged, and good sportsmanship should be emphasized.

**All games shall be governed by current NorCal and USA Softball rule books, except as clarified or modified by the "All Divisions Game Rules/Information" section above and the following local rules:**

1. Ball Size: 12 inches USA Softball Approved
2. Base Distances: 60 feet
3. Pitching Distance: 40 feet 12U; 43 feet 14-16U
4. Minimum Play Time: Each player must play two (2) full innings per game and cannot sit more than two (2) consecutive innings. Any player who does not play 2 full innings must start the next game attended.
5. Pitching:
  - a. It is highly recommended that pitchers wear facemasks.
  - b. No player may pitch more than four (4) innings per game. Each team shall be responsible for tracking innings pitched by players.
  - c. One (1) pitch off the mound (including warm up pitches) constitutes an inning pitched.
  - d. Pitchers are allowed either one (1) minute or up to five (5) warm up pitches between innings, (which-ever comes first). It does not matter if the catcher is a coach or player.
  - e. An excessive number of wild pitches which strike the batter will not be tolerated. Any pitcher who hits three (3) batters in a single inning or accumulates five (5) hit batters within a single game must be relieved of pitching duties immediately and for the duration of that game. She may continue to play in another defensive position.
  - f. Illegal pitches shall be questioned only by the head coach of the opposing team and in conference with the umpire and other head coach.

**REMINDER: Only USA Softball insured adults and players are allowed in the dugout or on the playing field during the games and practices. A female chaperone must be present at all times.**



## INJURY/INCIDENT REPORT

Injury/Incident Report Date of incident: \_\_\_\_\_ Time of incident: \_\_\_\_\_

Site/Facility of incident: \_\_\_\_\_

Name of injured person: \_\_\_\_\_

Role of injured person (circle one):      Athlete      Coach      Official      Spectator      Volunteer

Date of birth: \_\_\_\_\_ Telephone number: \_\_\_\_\_

Address: \_\_\_\_\_

Name (guardian/parent if injured person is a minor): \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Telephone number: \_\_\_\_\_

Was the parent/guardian contacted about the incident? (circle one)      Yes      No      Time: \_\_\_\_\_

Did the incident take place during (circle one):      Practice      Game      Other: \_\_\_\_\_

Name of team: \_\_\_\_\_ Age Division: \_\_\_\_\_

Name of coach: \_\_\_\_\_ Telephone number: \_\_\_\_\_

Name of official: \_\_\_\_\_ Telephone number: \_\_\_\_\_

Name of witness: \_\_\_\_\_ Telephone number: \_\_\_\_\_

Describe the incident and how it occurred: \_\_\_\_\_

Was any rule violated which contributed to the injury? (circle one)      Yes      No

Describe the type of injury and the part of the body injured: \_\_\_\_\_

Describe the treatment or other actions taken: \_\_\_\_\_

Treatment provided by: \_\_\_\_\_ Phone number: \_\_\_\_\_

Were emergency medical services contacted? (circle one)      Yes      No

Was the injured person transported to a medical facility? (circle one)      Yes      No

Coach/Manager Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Received by (Player Agent): \_\_\_\_\_ Date: \_\_\_\_\_

Please return this form to the appropriate age division Player Agent and forward copy to [President@wgfsa.org](mailto:President@wgfsa.org)

## **Parent Documents**

Please distribute these printed packets to your team parents – there is one set of documents for each player on your team. Most of these documents are available by download at [www.wgfsa.org](http://www.wgfsa.org). Those that are not, may be obtained by emailing [secretary@wgfsa.org](mailto:secretary@wgfsa.org).

### **Season General Information**

This is a quick reference to important contact information and dates for this season.

### **Player and Parent Code of Conduct**

These forms must be completed and signed by all players and their parents. Completed forms are to be retained by the team manager for inspection should an issue arise.

### **Player Clinic**

Registration forms for the player clinic. Pre-registration guarantees a T-shirt for the player. Completed forms and payment are to be submitted to your Player Agent. Players may also register at the event but are not guaranteed a t-shirt.

# WOODLAND GIRLS FASTPITCH SOFTBALL

## Player Code of Conduct

The Woodland Girls Fastpitch Softball Association has implemented the following Code of Conduct to outline the proper expectations for players participating in the program. Each player must read, or have read to them, understand and sign this form prior to participating in our league.

We believe that conformance to the Code of Conduct is paramount to ensuring an enjoyable, respectful, and safe environment in which to develop our players physically, socially and emotionally. As such, any individual violating the WGFSFA Code of Conduct shall be reported and subject to disciplinary action as set forth in the Violations section of the code.

**Trustworthiness, Respect, Responsibility, Fairness, Caring and Good Citizenship. The highest potential of sports is achieved when competition reflects these “six pillars of character”**

### **I therefore agree:**

1. I will learn the rules of the game.
2. I will be responsible for notifying the manager or coach of my absence at any practice or game.
3. I will be a positive role model for my peers and encourage sportsmanship by showing respect and courtesy, by demonstrating positive support for all players, coaches, officials and spectators at every game or practice.
4. I will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
5. I will not encourage any behaviors or practices that would endanger the health or well-being of any other players.
6. I will resolve conflicts without resorting to hostility or violence.
7. I will treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
8. I will never ridicule or yell at other participants for making a mistake or losing a competition.
9. I will respect the officials and their authority.
10. I want a sports environment that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sporting events.
11. I will not post any inappropriate or derogatory remarks or photos in regard to WGFSFA, my team or any other participants on ANY social media.
12. I understand that during any school suspension I will also be suspended from WGFSFA.

**I further agree that if I fail to abide by this Code of Conduct, I will be reported and subject to any or all of the disciplinary actions as outlined below:**

### **Reporting Conduct Violations:**

Violations by Parents, Players or Spectators shall be reported as soon as possible to the Team Manager or Head Coach. It is the responsibility of the Manager/Coach to address the violation



in a timely and respectful manner. It is also their responsibility to notify the WGFSA Issues Committee of any reports of violation and the manner in which they were addressed.

In the event of a violation the Manager/Coach feels the WGFSA Issues Committee should be involved, they will email [issues@wgfsa.com](mailto:issues@wgfsa.com) to report the violation as soon as practical.

Violations by Coaches or Managers shall be reported as soon as possible to the Player Agent for that age group, player agent email addresses are listed under the Board Members tab of our website at [www.wgfsa.org](http://www.wgfsa.org).

**Addressing Conduct Violations:**

Conduct violations may be addressed by any, or all, of the following people and methods in any order deemed appropriate to the violation.

Umpires have the responsibility to immediately address conduct violations during games or practices. Umpires have the ultimate authority to issue verbal warnings and/or eject any player, parent, spectator, manager or coach from games. Umpires have ultimate authority during games and their decisions cannot be appealed.

Managers/Coaches have the responsibility to immediately address conduct violations during games or practices and to follow up on any received reports of violations. Managers/Coaches have the authority to issue verbal warnings, written warnings and/or eject any player, parent or spectator from games or practices. With the exception of ejection from a game or practice, decisions by the Manager/Coach may be appealed to the Player Agent.

Player Agents have the responsibility to promptly follow up with any reports of violation received and to hear appeals of the decisions by Managers/Coaches. Player Agents have the authority to issue verbal warnings, written warnings and single or multi game suspensions. Decisions by the player agent may be appealed to the Issues Committee.

The Issues Committee has the responsibility to promptly follow up with any reports of violation received directly as well as to hear appeals to the decisions by Player Agents. The Issues Committee has the authority to issue all previously listed disciplinary actions as well as season suspensions, suspension from the league and in the case of Manager/Coach, the authority to suspend their ability to manage/coach on a short- or long-term basis. The Issues Committee has ultimate authority for the League and their decision cannot be appealed.

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**Player Name**

**Age Division**

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**Player Signature**

**Date**

# WOODLAND GIRLS FASTPITCH SOFTBALL

## Parent/Spectator Code of Conduct

The Woodland Girls Fastpitch Softball Association has implemented the following Code of Conduct to outline the proper role of parent, guardians, spectators and guests in supporting their child in sports. Parents must read, understand and sign this form prior to their children participating in our league.

We believe that conformance to the Code of Conduct is paramount to ensuring an enjoyable, respectful, and safe environment in which to develop our players physically, socially and emotionally. As such, any individual violating the WGFSA Code of Conduct shall be reported and subject to disciplinary action as set forth in the Violations section of the code.

**Trustworthiness, Respect, Responsibility, Fairness, Caring and Good Citizenship. The highest potential of sports is achieved when competition reflects these “six pillars of character”**

### I therefore agree:

1. I understand that I am responsible for any of my guest(s) attending a WGFSA function.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will learn the rules of the game and the policies of the league.
4. I will be responsible for notifying the manager or coach of my child's absence at any practice or game.
5. I will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, by demonstrating positive support for all players, coaches, officials and spectators at every game or practice.
6. I will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health or well-being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
14. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
15. I will want a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sporting events.
16. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.
17. I will not post any inappropriate or derogatory remarks or photos in regard to WGFSA, my team or any other participants on ANY social media.
18. During any school suspension, my child will also be suspended from WGFSA.

**I further agree that if I fail to abide by this Code of Conduct, I will be reported and subject to any or all of the disciplinary actions as outlined below:**

**Reporting Conduct Violations:**

Violations by Parents, Players or Spectators shall be reported as soon as possible to the Team Manager or Head Coach. It is the responsibility of the Manager/Coach to address the violation in a timely and respectful manner. It is also their responsibility to notify the WGFSA Issues Committee of any reports of violation and the manner in which they were addressed.

In the event of a violation the Manager/Coach feels the WGFSA Issues Committee should be involved, they will email [issues@wgfsa.com](mailto:issues@wgfsa.com) to report the violation as soon as practical.

Violations by Coaches or Managers shall be reported as soon as possible to the Player Agent for that age group, player agent email addresses are listed under the Board Members tab of our website at [www.wgfsa.org](http://www.wgfsa.org).

**Addressing Conduct Violations:**

Conduct violations may be addressed by any, or all, of the following people and methods in any order deemed appropriate to the violation.

Umpires have the responsibility to immediately address conduct violations during games or practices. Umpires have the ultimate authority to issue verbal warnings and/or eject any player, parent, spectator, manager or coach from games. Umpires have ultimate authority during games and their decisions cannot be appealed.

Managers/Coaches have the responsibility to immediately address conduct violations during games or practices and to follow up on any received reports of violations. Managers/Coaches have the authority to issue verbal warnings, written warnings and/or eject any player, parent or spectator from games or practices. With the exception of ejection from a game or practice, decisions by the Manager/Coach may be appealed to the Player Agent.

Player Agents have the responsibility to promptly follow up with any reports of violation received and to hear appeals of the decisions by Managers/Coaches. Player Agents have the authority to issue verbal warnings, written warnings and single or multi game suspensions. Decisions by the player agent may be appealed to the Issues Committee.

The Issues Committee has the responsibility to promptly follow up with any reports of violation received directly as well as to hear appeals to the decisions by Player Agents. The Issues Committee has the authority to issue all previously listed disciplinary actions as well as season suspensions, suspension from the league and in the case of Manager/Coach, the authority to suspend their ability to manage/coach on a short- or long-term basis. The Issues Committee has ultimate authority for the League and their decision cannot be appealed.

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**Parent/Guardian Name**

**Player Name/Age Division**

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**Parent/Guardian Signature**

**Date**



# SPRING 2024 GENERAL INFO

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~ **Practices Start** ~ February 12, 2024

~ **Player Clinic** ~ February 24, 2024

~ **Opening Day** ~ March 9, 2024

~ **Games Start** ~ March 9, 2024

~ **Picture Day** ~ TBD

~ **Closing Ceremony** ~ May 11, 2024

## Player Agents

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### 6U Agent

Lydia

6UAgent@wgfsa.org

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### 8U Agent

Lydia

8UAgent@wgfsa.org

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### 10U Agent

Lydia

10UAgent@wgfsa.org

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### 12U Agent

Amy

12UAgent@wgfsa.org

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### 14/16U Agent

Amy

16UAgent@wgfsa.org

### WGFSA

PO Box 471  
Woodland CA 95776

[www.wgfsa.org](http://www.wgfsa.org)

### Olga

President@wgfsa.org

Mariah

VP@wgfsa.org

# 2024

## WGFSA ANNUAL PLAYERS CLINIC

FOR GIRLS AGES 4-16

# FEBRUARY 24TH

## AT WOODLAND CHRISTIAN HIGH SCHOOL

Come join the Lady Cardinals softball team for a fun filled day of instruction and demonstration on the finer points of fastpitch softball fundamentals. Instruction on hitting, pitching, catching & defensive skills.

**ALL ATHLETES PLEASE ARRIVE 15 MINUTES EARLY TO CHECK IN**

### 6U-8U

9:45 AM - 11:45 AM

HITTING & DEFENSE

12:00 PM - 12:30 PM

PITCHING & CATCHING

### 10U-16U

1:00 PM - 3:00 PM

HITTING & DEFENSE

3:15 PM - 3:45 PM

PITCHING & CATCHING

# \$30 REGISTRATION FEE

INCLUDES ADMISSION TO CLINIC & T-SHIRT\*

\*Pre-Register by February 1<sup>st</sup> to guarantee your shirt!!

Secure your space by returning registration form and payment to your coach or e-mail [president@wgfsa.org](mailto:president@wgfsa.org) and submit electronic payment.

Payments Via: Cash, Checks payable to WGFSA, VENMO @wgfsa-softball, and PAYPAL @ [president@wgfsa.org](mailto:president@wgfsa.org)  
Please include Player Name, Age Division and T-Shirt Size with electronic payment information.

Player Name: \_\_\_\_\_ Shirt Size: \_\_\_\_\_ Age Division: \_\_\_\_\_

Pitching: Yes \_\_\_\_\_ No \_\_\_\_\_ Catching: Yes \_\_\_\_\_ No \_\_\_\_\_

Received by: \_\_\_\_\_ Date: \_\_\_\_\_ Amount Paid: \_\_\_\_\_ Payment Method: \_\_\_\_\_